



Vidisha Roy

College Whole Time Teacher
Department of Psychology

Contact Information

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Specialization

- Applied Psychology



**THE BHAWANIPUR
EDUCATION SOCIETY COLLEGE**

Academic Qualifications

Abbreviation of Degree	Name of the College/ University	Class/ Percentage obtained	Area of Specialization	Year
PhD	University of Calcutta, Department of Applied Psychology	NA	Applied Psychology	Ongoing
SET	WBCSC	NA	Psychology	2017
M.A	University of Calcutta, Department of Applied Psychology	1 st class	Applied Psychology	2012
B.A.	Asutosh College (University of Calcutta)	1 st Class	Psychology	2010

Vocational Experience

Institution	Position Held	Duration
The Bhawanipur Education Society College	College Whole Time Teacher	July 2017 to Till date
Surendranath College, Sealdah	Guest Lecturer	August 2015- June 2017
South Calcutta Girls' College	Guest Lecturer	September 2013-June 2017

Internship

Institution	Duration
Calcutta Medical College	August 2011- April 2012
Antara (Psychiatric Treatment and Rehabilitation Centre)	October 2011

Other Activities

- Conducted Counselling sessions and Psychological Testing at the Service Programme Unit of Department of Applied Psychology, University of Calcutta during January to August 2012.
- Conducted Counselling sessions for the benefit of underprivileged slum dwellers of Peyarabagan Slum on behalf of National Service Scheme, UNIT IV of South Calcutta Girls College on 13th March 2013 and 17th February 2016.
- Conducted weekly counselling sessions for the Students of Surendranath College, Sealdah, from the duration of January 2016 to June 2017 at Department of Psychology, Surendranath College, Sealdah.



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Academic Responsibilities

- Acted as an Internal Examiner, Question Paper Setter and Moderator, External Examiner, and Scrutineer as appointed by University of Calcutta for both theory and practical examinations of Psychology Honours and Elective courses at the Undergraduate level.

Participation In Workshops / Seminars

- Participated in “TWO-DAY SEMINAR ON COMMUNITY MENTAL HEALTH: ISSUES AND CHALLENGES” during March 30-31, 2011, organised by DRS I (SAP) UGC and Department of Applied Psychology, University of Calcutta.
- One Day International workshop on Moral Psychology Organised by the Department of Applied Psychology, University of Calcutta- UGC, DRSII (SAP) on 15th February, 2016.
- One day workshop on “Mindfulness in Stress Management & Pain Disorder, conducted by Mr. Prasanta Roy, Asst. Professor, IOP, held on 3rd November 2016 at Antaragram, Antara (Psychiatric Treatment and Rehabilitation Centre).
- Two days seminar entitled “Psychoanalysis: A journey from Classical to Contemporary Perspectives”, organised by the Department of Psychology, west Bengal State University, at Rotary Sadan on 2nd and 3rd March 2016.
- One day workshop for Undergraduate Teachers on Teaching-Learning Programme on Proposed Psychology syllabus (Honours and General) under CBCS held at Bijoy Krishna Girls’ College in Collaboration with Under Graduate Board of Studies in Psychology, University of Calcutta, on 6th December, 2017.
- Seminar on “Academic Administration” organised by Internal Quality Assurance Cell, The Bhawanipur Education Society College on 24th February, 2018.
- One day seminar on “Food, Culture and Affiliation: A Sociological Passport to the World of Palates” on 28th February 2018 organised by Department of Sociology of the Bhawanipur Education Society College.
- Interactive session on “ The modern Day Library- Transformation from Haloed Precincts to a Public space. Emerging Trends & Game Changing Technology” on 21st January 2019, Organised by the Library Committee, the Bhawanipur Education society College.
- Two-day Workshop organized by Ashutosh College in collaboration with Under Graduate Board of Studies in Psychology, University of Calcutta on Choice Based Credit System (CBCS) Teaching Learning Programme of Psychology on 16th and 23rd February, 2019.





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Participation In Workshops / Seminars

- Participated in One day orientation programme on the curriculum of the undergraduate in third semester Choice Based Credit System (CBCS) 2019 held on July 27th, 2019 organised by the Department of Psychology, Loreto College, Kolkata in Collaboration with the Under Graduate Board of Studies in Psychology, University of Calcutta.
- Online Talk on “No Lockdown On Domestic Violence During The COVID Pandemic” organized by the Women’s Cell and approved by the IQAC of The Bhawanipur Education Society College, held on June 10, 2020.
- One day webinar on “Dealing with post-Covid challenges through biopsychosocial lens - Managing our thoughts, emotions and behaviour” organised by Department of Psychology and IQAC of Seth Anandram Jaipuria College on 29.06.2020.
- One day Webinar on "Subsistence of Others" organized by Department of Geography and IQAC, The Bhawanipur Education Society College on 23.9.2020.
- Three days orientation programme for the curriculum in fifth semester in undergraduate CBCS held on 28th January, 4th and 5th February 2021, organised by Department of Psychology, Asutosh College, Kolkata in Collaboration with the Under Graduate Board of Studies in Psychology, University of Calcutta.
- Online webinar of Subsistence of others on 27th September 2021, organised by Department of Geography and IQAC of the Bhawanipur Education Society College.

Publications

- Roy V. & Banerjee U. (2022). "A Comparative Study to Explore the Presence of Alexithymia and Relational Aggression among Different Professions", International Journal of Science & Engineering Development Research (www.ijedr.org), ISSN:2455-2631, Vol.7, Issue 11, page no.1260 - 1269, November-2022.
- Roy V. & Banerjee U. (2021). Dark Triad as A Predictor of Adult Relational Aggression. International Journal of Indian Psychology, 9(2), 646-653. DIP:18.01.068.20210902, DOI:10.25215.0902.068.





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Certificate Course

- Successfully Completed an “English Impact course at UPPER INTERMEDIATE level” from 19th June to 1st August 2010, at the British Council, Kolkata.
- Online Workshop on Emerging respiratory viruses, including COVID-19: methods for detection, prevention, response and control, organised by World Health Organization on June 26, 2020.
- Five days faculty development programme on “Mental and Behavioural Health of Students: Bridging the Teacher Student Gap” during 12th to 16th July 2021 Organised by Amity Institute of Behavioural Health and Allied Sciences, Amity University, Kolkata.

Research Experience

- Completed Masters Dissertation (2012) titled “A comparative study to assess the level of loneliness, relational communication, commitment and dependency of long distance and proximal premarital couples.
- Submitted Ph.D. Thesis Titled “A Comparative Study of Dark Triad, Alexithymia, Self Esteem and Relational Aggression Among Different Professional Groups” in December, 2022.

Research Interest

- Applied Psychology
- Social Psychology
- Clinical Psychology

Signature of the
Faculty Member

Date: 01st September, 2022



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